

MILK/DAIRY OUTLINE:

✓ **“Milk 201” handout**

- Review Lessons 1-3

✓ **“New Look of School Milk”**

- Highlight *Successful School Milk Formula*; pg. 2

✓ **“Vended Milk... It’s On Everybody’s Lips”**

- Highlight *School Vending Test*
(Insert in actual handout; pg.2)
- Highlight *Vended Milk Passes the Health Test*
(Back of insert in actual handout; pg.3)

NOTE: *Many schools may be interested in milk vending since the recent passing of New Jersey’s “Model Nutrition Policy” places constraints on a la carte beverage varieties.*

New Jersey’s “Model Nutrition Policy”:

-All food and **beverage items listing sugar, in any form, as the first ingredient** may not be served, sold or given out as free promotion anywhere on school property at anytime before the end of the school day.

-All beverages shall not exceed 12 ounces, with the following exceptions:

- Water.
- Milk containing 2% or less fat.

-In elementary schools:

- 100% of all beverages offered shall be milk, water or 100% fruit or vegetable juices.

-In middle and high schools:

- At least 60% of all beverages offered, other than milk and water, shall be 100% fruit or vegetable juices.